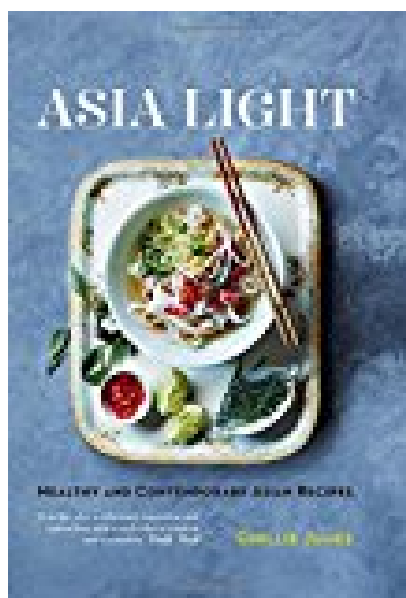


# Asia Light Healthy & Fresh South-East Asian Recipes

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## BOOK DETAILS

- Author : Ghillie James
- Pages : 192 Pages
- Publisher : Kyle Books
- Language : English
- ISBN : 0857832778



## BOOK SYNOPSIS

Asia Light offers nutritious and lower fat ways of cooking classic dishes, such as Vietnamese Spring Rolls, Laksa and Beef Rendang, as well as Ghillie's own creations, including Steam Baked Salmon and Vegetable Parcels with Asian Dressing and Vietnamese Chocolate Coffee Pots.

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